

The 2012 Spring/Summer session will begin on April 18 and run biweekly for 24 weeks for a total of 12 shares. If you have a unique circumstance/issue for a pickup please call. If we don't hear from you and you miss your pickup, your share will be donated to one of the families we work with. No credits.

Please bring a bag or cooler with you, as dairy/meats must be kept cold to stay fresh. Dairy jars must be returned clean the following week to receive credit back.

There are risks involved in farming and there are no guarantees when dealing with Mother Nature, humans and animals. Things beyond our control may arise and we will deal with them accordingly. Everyone must remain flexible if a situation arises.

We will provide the best service possible to get you your share in a timely and orderly fashion. If you have questions, or concerns please call or email us.

Thank you!

Mark + Suzi Lilly

804-767-8570 - F2F Market

804-397-3997 - Mark Lilly

[www.thefarmbus.com](http://www.thefarmbus.com)

[farmtofamilyinfo@gmail.com](mailto:farmtofamilyinfo@gmail.com)

## ABOUT FARM TO FAMILY

Farm to Family is located in Richmond, VA, and started as a mobile farmer's market in a converted school bus in 2009. We connect local farmers with communities, encouraging a local diet of fresh products grown and made right here in our local food shed. We try and build relationships with families and their food by visiting neighborhoods, schools, and senior homes with the bus. We also have a year-round, indoor market - voted best in the state by Garden and Gun magazine 2010.

Farm to Family and the Farm Bus has been featured on BBC World News, the Rachael Ray Show, and CBN News/700 Club. We have also been featured in People, Garden and Gun, and Flavor magazines, on AOL Health, and many more.

Please support us, and the local farms we work with, by joining our USA program today!



As seen in the Washington Post  
Washington Times and Tasting Ta

Washington, DC

USA FARM SHARES

Urban Supported Agriculture  
Spring/Summer 2012

# FARM 2 FAMILY



# FARM BUS

[www.thefarmbus.com](http://www.thefarmbus.com)

804-767-8570

“Feeding communities one  
stop at a time”

## FARM TO FAMILY / THE FARM BUS

### WASHINGTON, D.C. 2012 SPRING-SUMMER PROGRAM USA (Urban Supported Agriculture)

Our share program runs for 24 weeks and begins on April 18<sup>th</sup>, 2012 with 12 bi-weekly shares. Please visit our website listing for our farms and their farming practices.

#### OPTION DESCRIPTIONS

**MEAT** - Grass-fed, pastured meats (chicken, beef, pork, bison, lamb, oysters/clams and trout). All Meat is humanely raised without the use of hormones or antibiotics. Meats rotate each week.

**DAIRY** - A ½ gallon of low pasteurized fresh whole milk, ½ lb of cheese (different type each week) goat also available. One quart of plain yogurt; ½ lb cultured salted or unsalted butter, 1 dozen free-range, pastured eggs.

**VEG/FRUIT** - Vegetables + fruit items include a variety mix of seasonal produce from farms using organic or natural farming methods (low spray, integrative pest control etc). Early spring shares may include some pantry items (jam, honey, apple butter, Wades Mill flour, cornmeal etc) until the season fully begins.

**EGGS** - 1 dozen free-range, pastured eggs (Please note eggs are also included in dairy share)

**BREAD** - A loaf of freshly baked bread or rolls (gluten free option available).

**SOY** - Twin Oaks tofu (plain and seasoned varieties), tempeh, mushroom pate and vegan sausage.

A la carte items are also available. Call to pre-order 2 weeks ahead.

## PRICING + OPTIONS

There are 7 options to choose from with full pricing shown for 12 bi-weekly shares for 24 weeks. To customize your share, choose which items you want from 1-7, then add the Membership fee, 8. Then total for #9. You may join at any time during the season with a pro-rated plan based on the number of weeks left in the season. **\*NOTE: We need a minimum of 25 people to sign up for weekly drops to happen.**

- |  |        |            |
|--|--------|------------|
| 1. Meat  | \$240  | _____      |
| 2. Dairy*  | \$360  | _____      |
| 3. Veg/fruit                                       | \$336  | _____      |
| 4. Bread   | \$72   | _____      |
| 5. Soy   | \$120  | _____      |
| 6. Eggs  | \$60 b | _____      |
| 7. Meat, dairy*, bread and vegetables (complete)** | \$1008 | _____      |
| 8. Membership fee (admin, fuel cost, labor etc)    | \$96   | — \$96 —   |
| 9. Total cost                                      |        | — \$ _____ |

\*\$39 (bi-weekly) jar deposit has been added per dairy share. All jars must be returned to receive your deposit at the end of the season.

\*\*Pay in full upfront (for complete package) and receive \$50 bi-wkly discount!

**Payments** must be paid in full prior to start.

Payments can be made by cash, check, credit card or EBT payment. Checks payable to Farm to Family. Payment plans are available for shares over \$800: Pay in 2 payments (1/2 due at joining, balance due week 12) or 3 payments (1/3 due at joining, and 2<sup>nd</sup> and 3<sup>rd</sup> payments every 8 weeks thereafter).

Pickup locations Wednesday 5-7pm

- **NW DC** - Maret School, 3000 Cathedral Ave NW, 20008 (lower parking lot)
- **Capitol Hill** - Eastern Market, in public parking lot. Behind Jr. High school, between C+D St, SE, and 7<sup>th</sup> + 8<sup>th</sup> St, SE, 20003

Shares will be donated if not picked up. No refunds. Please contact us to make arrangements or have someone else pickup your share. Our primary means of communicating with you will be through your email. Updates will also be posted on our web site, Facebook and Twitter. Call if running late.

## Sign-up Form

Farm to Family/The Farm Bus  
SPRING/SUMMER 2012 USA  
Washington, DC Products & Services

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E-Mail

\_\_\_\_\_  
Signature

By signing this brochure you agree to the terms listed on this form.

Date: \_\_\_\_\_

Total \$ \_\_\_\_\_

Pickup Location: \_\_\_\_\_

Gluten free: yes no

Method of payment: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

## Farm to Family

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Richmond, VA 23223

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Email: [farmtofamilyinfo@gmail.com](mailto:farmtofamilyinfo@gmail.com)  
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